

PRINCIPLES OF ATTIC VENTILATION



*A comprehensive guide to planning
attic ventilation systems*

Sixth Edition

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Introduction: The Year-round Benefits of Proper Attic Ventilation

What's the purpose of attic ventilation?

It seems like a simple question, easy enough to answer. Unfortunately, all too often, that's not the case. Most homeowners — and even some experienced builders and contractors — believe the purpose of attic ventilation is to remove heat that builds up in the summer.

That's accurate, of course. But what that answer leaves out is just as important as what it includes.

If you understand the principles of attic ventilation, you know an effective venting system provides year-round benefits.

- During warmer months, ventilation helps keep attics cool.
- During colder months, ventilation reduces moisture to help keep attics dry. It also helps prevent ice dams.

We can make that answer more specific — and more meaningful — by translating those functional descriptions into a list of benefits:

Several purposes of an attic ventilation system are to provide added comfort, to help protect against damage to materials and structure, and to help reduce energy consumption — during all four seasons of the year.

Your goal should be to provide those benefits whenever you design and install an attic ventilation system. The rest of this book will show you how.

Ventilation During Warm Weather

Dealing with the effects of heat. Why, on a hot day, are the upper rooms of a home always warmer?

Part of the answer, of course, is simple physics: hot (lighter) air rises while cooler (denser) air falls. But in most homes — the vast majority of homes without adequate attic ventilation — a far more important factor comes into play: the downward migration of heat.

Consider what happens in such a home on a typical summer day (Figure 1). Radiant heat from the sun hits the roof. The roof temperature increases and heat travels (technically, it conducts through the roof sheathing) into the attic. As heat builds up in the attic, it radiates to the attic floor, then into adjacent living areas, raising temperatures there.

You appreciate the effects of that process when you look at the temperatures involved. These are typical temperatures for a home with no attic ventilation, on a sunny day, with an outdoor temperature of 90°F (32°C).

Temperature at roof sheath: as high as 170°F (77°C).

Temperature at attic floor: up to 140°F (60°C).

Temperature in rooms directly beneath attic: uncomfortable.

Of course, the longer these hot, sunny conditions last, the more uncomfortable it becomes in the home. That's because an unventilated — or inadequately ventilated — attic seldom loses enough heat overnight to compensate for the heat gained during the day. Ironically, the effect is

magnified in modern homes with heavier insulation (see the insulation/ventilation connection below).

Eventually, this accumulation of heat begins to have more practical — and costly — consequences.

The most obvious are the actions taken by homeowners to cool themselves. To reduce the effect of the heat — not only the daytime heat gain but also the excess heat being stored in the attic — they turn on fans, window air conditioners or central air conditioning systems. As the hot weather continues, these appliances run longer and longer — a fact well documented by utility companies across the country. Homeowners pay for all this added energy consumption in higher utility bills.

A less obvious — but equally costly — consequence can be found on the roof itself. Homeowners can't see it happening, but over time excess attic heat can cause some shingles to distort and deteriorate. The result is premature failure of roofing materials — and perhaps a leaky roof. Once that happens, the cost of a new roof is the least homeowners can expect to pay. More than likely, they also may face added costs for structural and interior repairs related to water infiltration.

The insulation/ventilation connection.

Efficient insulation increases the need for effective ventilation.

Why? Because heavier insulation absorbs and holds more heat. That means it's less likely overnight cooling can remove heat that builds up in an attic during a prolonged period of hot, sunny weather.

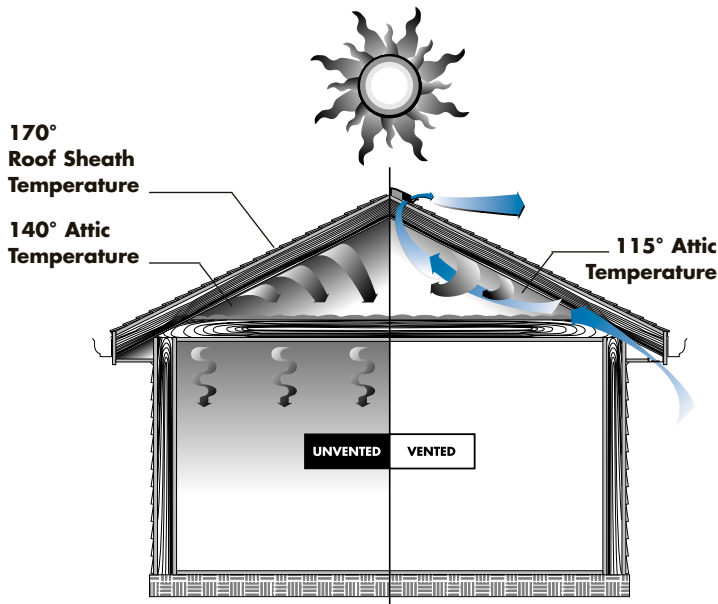
The solution to this dilemma isn't to reduce the insulation in an attic. That would only create problems at other times of the year. Instead, the goal is to design an attic ventilation system that effectively compensates for the additional heat gain produced by the high levels of insulation.

In short, effective attic ventilation also helps cool attic insulation.

How ventilation helps solve attic heat problems. Ventilation can't eliminate the transfer of heat from roof to attic, but it can minimize its effect. To do that, a well-designed system must provide a uniform flow of cool air along the underside of the roof sheathing. That steady flow of air carries heat out of the attic before it can radiate to the attic floor.

It's critical that this air flow is uniform. That means intake and exhaust vents must be balanced — for both position and air flow capacities. Otherwise, “hot spots” can develop under roof sheathing, drastically reducing the efficiency and effectiveness of whatever ventilation is installed.

Figure 1



Unvented: Radiant heat penetrating through roof sheath and attic enters living areas of home.

Vented: With proper ventilation the heat is vented out of the attic keeping living areas cooler.

Ventilation During Cold Weather

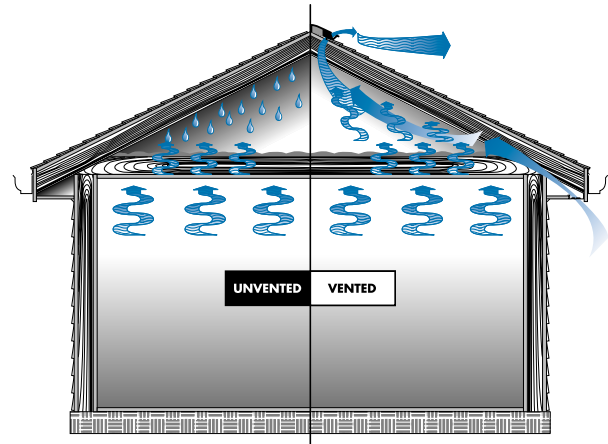
Dealing with the effects of moisture buildup. When winter arrives and temperatures plunge, you might think the movement of heated air would no longer cause problems in attics. But that's not true. With seasonal changes, the conditions just reverse. Heat doesn't travel from an attic into the living quarters. Instead, heated indoor air travels from the home into the attic — along with moisture.

Figure 2 illustrates how this process of moisture transfer takes place. Furnace-warmed air circulates through the house, picking up water vapor generated by activities such as cooking, bathing, and the washing of clothes and dishes. The use of humidifiers, common in many homes, provides an abundant and continual source of moisture. Keep in mind also that the warmer the air is, the greater its capacity to hold moisture.

The problem is especially acute in homes with electric heating. Most of these homes were built since the mid-1970s, using advanced insulation materials and methods. As a result, most are “tight,” allowing minimal infiltration of outside air. In addition, electric heat sources do not require air for combustion, so another common source of outdoor air has been eliminated. The positive side of these super-insulated homes is, of course, the greater energy efficiency. But because cooler, drier outdoor air is kept out, the indoor air holds greater amounts of moisture.

Problems arise when the warm, moist air from the living quarters moves toward the attic, where the air is cooler and drier. That moist air is drawn to the attic in two ways. The first is through a process called “vapor diffusion.” It's a process in which water vapor naturally travels from high-humidity conditions to low-humidity conditions — in our example, from the living quarters into the attic. The force of vapor diffusion is so great that moisture even travels through building materials such as sheet rock.

Figure 2



Unvented: Moisture rising up through the house condenses in the attic, causing damage to studs, insulation, and other materials.

Vented: A vented attic allows moisture to escape.

Even vapor barriers, for all their effectiveness, cannot totally stop this process. The second way moisture travels into an attic is by air moving through openings cut into a vapor barrier. Such openings are commonly found, for example, at recessed ceiling boxes and attic entries.

The problems start when moist air hits cooler rafters, trusses and roof sheathing. The moisture condenses as water droplets or frost. Eventually, the condensation drips on the insulation below. If too much water soaks into the insulation, its volume can be compressed and its effectiveness reduced. The sequence of events that follows is predictable: greater heat loss leads to colder rooms, colder rooms lead to a greater need for heat, greater use of the furnace leads to higher energy bills.

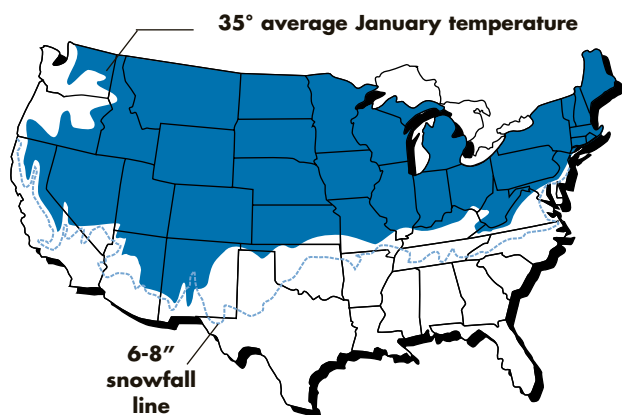
But that's only the immediate problem and its consequences. As with heat buildup, moisture buildup has long-term effects. That's because not all the condensing moisture drips into insulation. The structural elements of the house absorb some, leading to wood rot and the deterioration of roofing materials. Other moisture is likely to soak into the attic floor and eventually into ceiling materials, causing water stains and paint damage in the rooms below.

How ventilation helps solve attic moisture problems.

Although the problems of attic heat and moisture have different causes, they share a common solution: a high-efficiency ventilation system that allows a uniform flow of air to sweep the underside of the roof sheathing. In warmer months, such a system exhausts hot air from an attic; in the colder months, it exchanges warm, moist air with cooler, drier air. In both cases, the result is the same: more comfortable living quarters, less energy use, less damage to a home.

Dealing with the effects of ice dams. Winter creates a special attic ventilation problem in areas where snowfall and cold temperatures are common occurrences. The problem begins with the formation of ice dams — literally barriers formed of ice — that prevent melt water from running off a roof. (The map in Figure 3 shows areas of the U.S. where average winter conditions can lead to the formation of ice dams.)

Figure 3 Areas of snowfall in the U.S.



Inside the six- to eight-inch snowline concern should be given to the prevention of ice dams forming on the eave of the roof.

Ice dams can form when the following conditions exist:

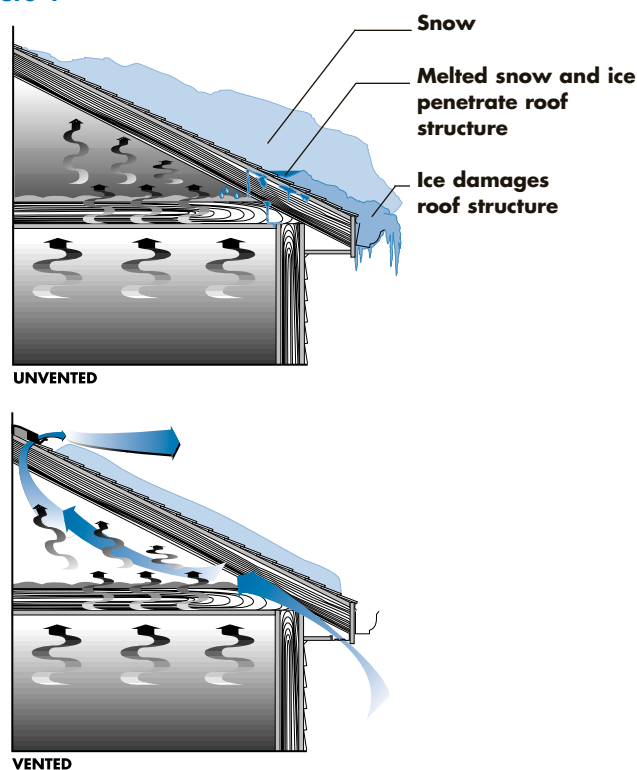
- Warm air accumulates near the peak of an attic. This condition is much more common than people think. It occurs because most attics experience some heat loss from attic insulation. And because warm air rises, the upper portion of an attic is always the warmest. Normally, that pocket of warm air won't result in problems — that is — until the following conditions are met.
- Lower areas of the roof remain cold. Once again, this is a common condition, especially in the area just above the eave, where temperatures may not be much higher than the ambient outdoor air. If the outdoor temperature is well below freezing, conditions are favorable for the formation of an ice dam.
- A heavy snow cover accumulates on the roof. That snow not only provides the necessary moisture, it also acts as a layer of insulation, preventing heat loss

through the roof sheathing. As a result, temperatures in the attic are typically warmer than they are on days when the roof is free of snow.

When all three conditions are met, ice dams form quickly. Heat high in the attic causes snow to melt near the roof peak. The water from the melting snow flows toward the eave area, where colder roof temperatures allow it to freeze. If conditions persist over several days, this refreezing of snow melt can form an ice dam.

The weight of the dam itself can damage gutters and fascia. When it eventually falls, it also can damage structures or shrubbery below. But the greatest damage occurs when the water pooling inside the dam begins to infiltrate under shingles. The shingles themselves are damaged — if not destroyed. Far more serious, however, is the damage caused at the plateline area. Insulation can be soaked, reducing its effectiveness. Plus water can infiltrate into both exterior and interior wall cavities, leading to structural damage and the deterioration of painted surfaces. At the very least, mold and mildew can form, creating unpleasant odors and mold spores, resulting in poor indoor air quality.

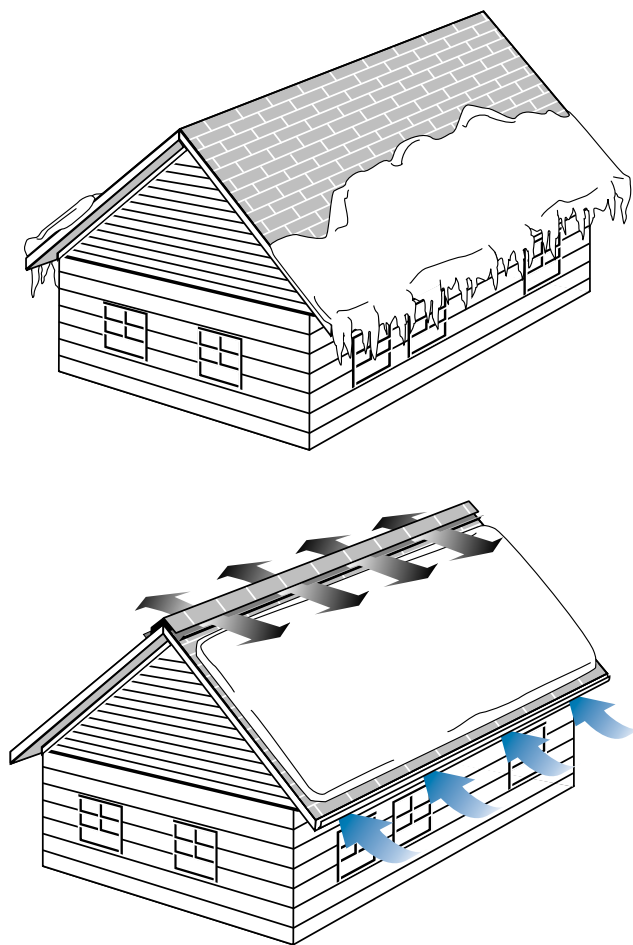
Figure 4



Unvented: Heat entering attic from the home melts the snow on the roof and forms destructive ice dams.

Vented: Heat is vented out of the attic creating a cold roof.

Figure 5



Top: Ice dams, besides being unsightly, are destructive.

Bottom: Vented attic with even snow distribution is much more desirable.

How ventilation helps solve ice dam problems. When homeowners set out to eliminate ice dams, their typical response is to add more insulation to attics. But no amount of insulation, if used alone, can eliminate the formation of ice dams. An efficient attic ventilation system must be part of any solution.

A properly designed ventilation system creates a “cold roof” — a condition where the roof temperature is equalized from top to bottom. An equalized roof temperature, in turn, helps eliminate the conditions that lead to the formation of ice dams.

By now you probably know how ventilation creates a cold roof: it allows a flow of air to sweep along the underside of the roof sheathing, minimizing temperature differences. By now you also may have a valid question to raise: Aren't we talking about a uniform flow of cold air sweeping through the attic?

Exactly, and that's why ventilation alone isn't a complete solution either. For maximum comfort, reduced structural

damage and optimum energy conservation, ventilation must be used with a waterproofing shingle underlayment and, of course, with insulation. Ample insulation¹ is required to minimize heat losses, and high-efficiency air movement is required to remove any heat that enters the attic.

A defense against ice dams

To reduce the possibility of ice dams, use a three-step approach:

1. Install adequate attic ventilation. Because ice dams form when a roof has warm upper surfaces and cold lower surfaces, the solution is to equalize temperatures over the entire roof. The most effective way to equalize temperatures is to create a cold roof.

To do that, you need a well designed attic ventilation system that will supply air flow along the entire underside of the roof deck. That's critical, because only a uniformly distributed air flow can reduce variation in roof temperatures from peak to eave.

One of the most efficient and effective systems (from both cost and performance standpoints) uses ridge vents and an evenly distributed layout of soffit vents.

2. Install adequate attic insulation. Attic insulation serves two purposes. First, it reduces heat loss from a home's living quarters. Since that heat loss is a key factor contributing to the creation of ice dams, stopping it at its source is critical. Second, adequate attic insulation diminishes the energy impact of having cold air flowing through the attic.

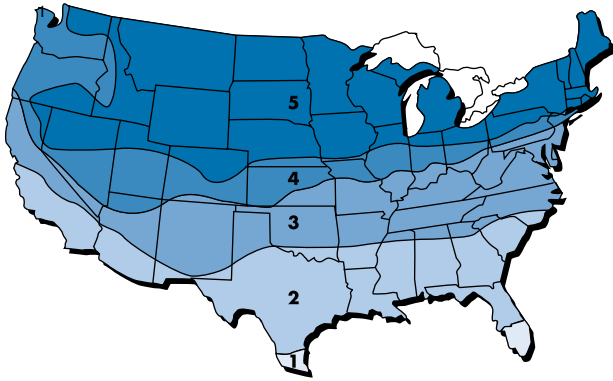
When installing insulation — or checking existing insulation — be sure to install adequate amounts around electrical fixtures and wiring and plumbing chases. These areas often contribute to significant heat loss. With existing insulation, also check for water damage and for areas compressed by foot traffic or stored objects. Finally, make certain existing insulation meets today's R-value requirements.

3. If possible, install waterproofing shingle underlayment (WSU). Even the most efficient attic ventilation system may not be enough to eliminate all ice dams. A combination of weather conditions, roof pitch, building orientation and other factors may allow ice dams to form under certain conditions. If that happens, a WSU barrier can minimize — and possibly eliminate — water infiltration into the building structure.

Install WSU according to the manufacturer's instructions. In general, install WSU at least two feet above the eave projection; many contractors say a three-foot barrier is even better. When working in valleys, install WSU three feet on each side of the valley center.

¹ It's difficult to say precisely how much insulation will be required. Many factors, from house design to its orientation to the weather, enter into the equation. A good rule of thumb, however, is to provide at least 10 to 12 inches of insulation. That's equivalent to an R-value of 38.

Figure 6

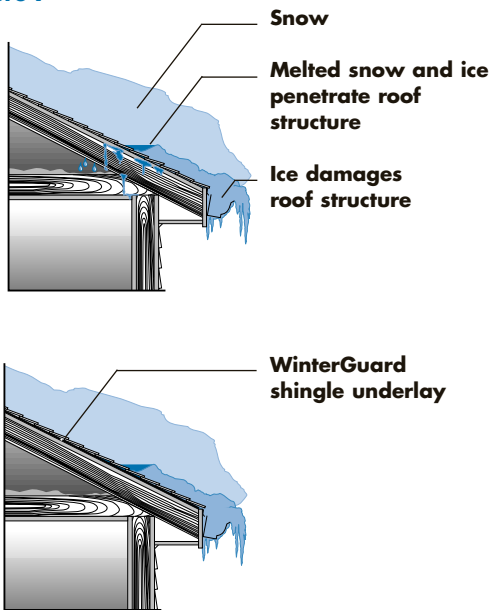


Certainteed Thermal Recommendations

Winter Heating Plus Summer Cooling

Zone	Ceiling Insulation R-Value	Wall Insulation R-Value	Floor Insulation R-Value
1	R-19	R-11	R-11
2	R-30	R-19	R-11
3	R-38	R-19	R-13
4	R-38	R-19	R-19
5	R-49	R-19	R-25

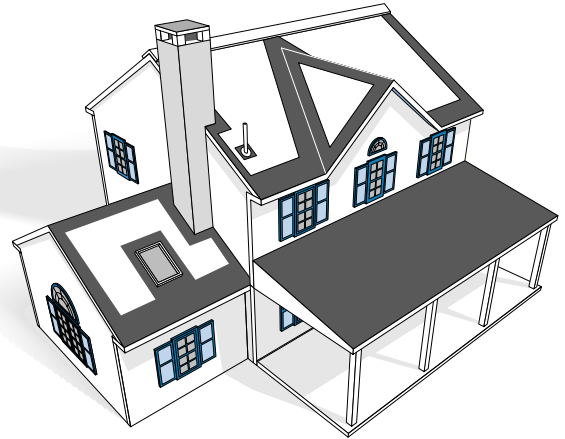
Figure 7



(Top) Water can penetrate to an unprotected roof sheath causing the roof sheath to rot.

(Bottom) WinterGuard is a waterproofing shingle underlayment that prevents water from penetrating to the roof sheath.

Figure 8



The dark shaded areas are the places that Winterguard helps protect from the melting water coming off the ice dam.

Section 1: How Ventilation Works

“Ventilate” comes from the Latin word for “to fan,” the action of causing air to move.

And that’s exactly how ventilation works: it provides the conditions that allow air to move.

For our purposes, however, we have to get a little more technical, because efficient ventilation requires a very specific type of air movement. We’re not interested in moving air just to create a breeze that cools us by speeding evaporation. Instead, we want ventilation that provides year-round benefits.

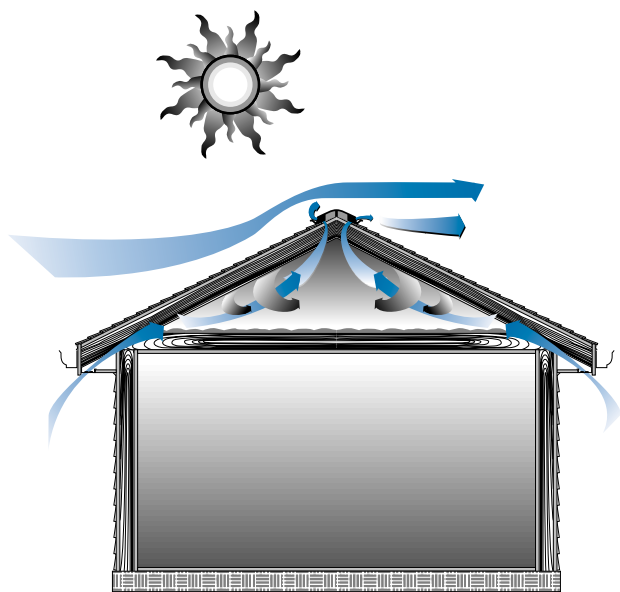
If you’ve ever walked into the stuffy confines of a room that’s been completely closed for a lengthy period, you know air tends to stay in place. You also know that just opening a door or window doesn’t solve the problem immediately. A flow of air must be established to produce the air changes needed to remove all the stale air.

That’s what an efficient ventilation system must do, too — provide a steady, high volume of air movement. That means the system components must be sized and positioned to provide a constant flow of air, moving in a constant direction.

We can create air movement in one of two ways — using natural ventilation or mechanical ventilation.

Using natural ventilation. Natural air movement is created by two key forces: thermal effect and wind.

Figure 9



Thermal Flow (effect whereby cooler air falls, warmer air rises) and Natural Flow (effect due to wind) come together to ventilate an attic.

Thermal effect. We've already mentioned thermal effect briefly. It's the inherent property of warm air to rise. A well-designed system takes advantage of that movement in two ways:

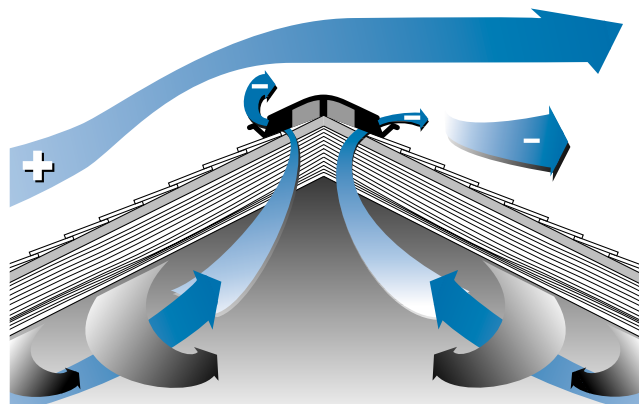
First, since warm air rises, an effective system will include exhaust vents at or near the ridge. That placement allows the hottest air to be removed from the attic most efficiently.

Second, the thermal effect creates a natural circulation of air, because as warm air rises, cooler air falls. A well-designed system assists this momentum by placing intake vents at the lowest point in the attic, typically in soffit. The cooler air entering these vents (cooler as compared to the attic air) speeds this circulation of air.

Wind. By itself, however, thermal effect cannot create the high volume of air movement needed for effective ventilation. That's why the influence of wind is the key element in the design of a non-powered ventilation system. Wind, after all, is a natural flow of air. So when designing a ventilation system, you want to make the wind work to your advantage.

To use the power of wind, you have to understand how wind force affects ventilation. It isn't the velocity of the wind by itself that causes air to move through an attic. Instead, it's the wind's speed as it moves against and over a home's exterior surfaces. A wind-driven flow of air creates areas of positive and negative air pressure (see Figure 10). Positive pressure forces air into the attic, while negative pressure draws air out.

Figure 10



Positive air pressure moving over the baffled ShingleVent II creates negative air pressure inside the vent, causing the attic air to be "lifted" out.

How to put these natural forces to work. Like just about everything else in life, a properly designed ventilation system requires balance. That balance is achieved in two ways:

- 1) Air flow capacity must be balanced between intake and exhaust vents. In general, the net-free area² of intake venting should equal the net-free area of exhaust venting. To determine how much net-free area a particular home requires, see Section 3.
- 2) Intake and exhaust vents must be positioned to create a proper high-low balance. That balance is achieved when two conditions are met:
 - a) Half the vent area must be high in the attic, with the other half low in the attic. Without that balance, the area of effective ventilation is limited to the lesser of the two vent areas. For example, if 75 percent of the venting is high and 25 percent low, ventilation is limited to the air moving through the lower vents.
 - b) The vents placed high must act as exhaust vents, while the low vents act as intake vents. That placement assures a continuous flow of air, moving in the desired direction.

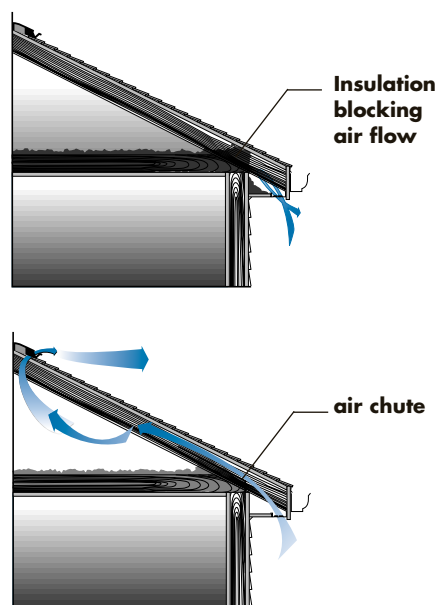
² Net-free area means the total unobstructed area (usually measured in square inches) through which air can enter or exhaust a non-powered ventilation component.

In planning the location of intake and exhaust vents, two other factors must be considered:

- 1) Intake and exhaust vents must be positioned so they assure continuous air flow along the underside of the roof sheathing. As we learned in the introduction, this is where ventilation is most effective. During summer, air flow along the sheathing removes heat before it can radiate to the attic floor. During winter, air flow along the sheathing removes moisture before it can condense into water droplets or frost.
- 2) Intake vents must be located so there is little possibility of rain or snow infiltration. Obviously, if wind-driven moisture were allowed to enter an attic, one reason for a ventilation system would be negated. We would simply exchange one problem for another, similar problem. To prevent this from happening, intake vents should be placed in protected areas, the most convenient being in the soffit (area underneath the eave of the house). Placing intake vents in soffit doesn't assure that a strong wind won't drive moisture into the openings. But should that happen, the area around the soffit is less likely to suffer major damage. For one thing, insulation isn't installed in soffit, so the problem of wet insulation is avoided. In addition, rain or snow entering a soffit vent is more likely to drain back through that opening. At worst, the moisture would be confined to the soffit area, where it can evaporate quickly without causing permanent damage.

Note: To assure optimum performance of intake vents, you must make certain the area above the intake opening isn't blocked by dirt, building debris or attic insulation.

Figure 11



(Top) Insulation should not be installed over undereave intake or proper inflow to the attic will be impeded.

(Bottom) An unblocked vent allows a passage for air to move through attic.

Section 2: Types of Attic Ventilation

In describing how ventilation works, we discussed intake and exhaust vents in general terms, perhaps giving the impression that a single type existed to serve each function. In fact, however, you can choose from a wide range of intake and exhaust components, allowing you to tailor ventilation systems to the specific characteristics of every home.

In general, ventilation components can be divided into four broad categories: fixed vents, ridge vents, turbine vents and power fans.

Fixed ventilation

Fixed ventilation components are exactly that: units that don't require moving parts or power assistance for proper functioning. But don't let that description lead you to believe fixed ventilation is a low-tech alternative to high-efficiency systems. Just the opposite is true. Fixed ventilation components form the core of all attic ventilation systems, from the simplest to the most sophisticated. In fact, in most cases, your initial goal should be to try to design a ventilation system that uses only fixed vents (or ridge vents — a special, high-efficiency type of fixed ventilation).

Obviously, since fixed ventilation can be used to create an entire system, units are available for both intake and exhaust functions.

Intake vents. The best place to install intake vents is in or near the roof eave. That location provides two key advantages:

- 1) The vents are better protected from rain and snow infiltration. Vents mounted in the eave provide almost total protection. (We qualify that statement only to acknowledge the possibility that winds at or near hurricane force could drive moisture into an undereave vent. In normal conditions, however, undereave vents don't allow moisture infiltration.)
- 2) Usually, when undereave vents are placed on both sides of a roof (as they should be), there's always an equal distribution of positive and negative pressure areas.

Note: That statement doesn't mean there's an adequate distribution of positive and negative pressure areas. A ventilation system that uses only undereave vents violates the principle of high/low balance. What that means, in practical terms, is that the system will provide a continuous flow of air along the attic floor, but not along the underside of the roof sheathing, where it does the most good.

Intake vents are available in many designs. In choosing the right unit for a particular job, you have to consider the structure of the home, the area where the units will be located and the net-free area provided by each unit.

The most common types of intake venting are:

Undereave vents which are mounted in soffit. Units vary in size from 16" x 8" to 16" x 4". Naturally, net-free area varies according to unit size.

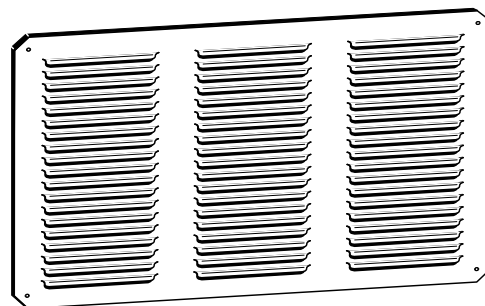
Continuous-soffit vents which are also mounted in soffit. These units vary in length, with the typical length being 96".

Drip edge vents which are used on homes without an eave area.

Fascia vents which are options available to provide intake on homes without an eave area.

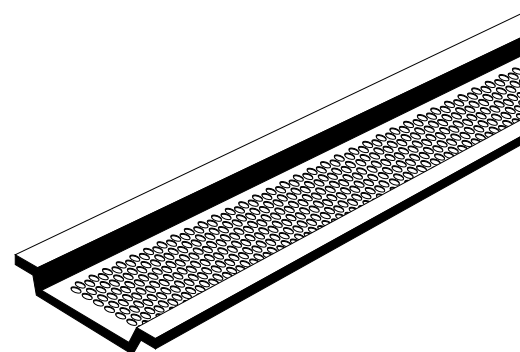
Mini-louvers which are typically used with other types of intake venting; they're too small by themselves to provide sufficient net-free area of intake. In most applications, they're installed in an exterior wall to help eliminate moisture that collects in the wall cavity. To be effective, mini-louvers must be installed below the source of humidity (such as a bathroom or laundry area). That placement allows a flow of air to collect the humidity and carry it into the attic.

Figure 12



The undereave vent, an intake vent, allows needed air to enter the attic. It is located on the underside of the eave of the house.

Figure 13



Soffit vent takes in outside air and is located on the underside of the eave.

Exhaust vents. Exhaust vents are designed to permit an efficient, unobstructed outflow of attic air. In addition, because they're installed high in the attic where there's greater exposure to the weather, these units must be designed to prevent (or at least minimize) rain and snow infiltration.

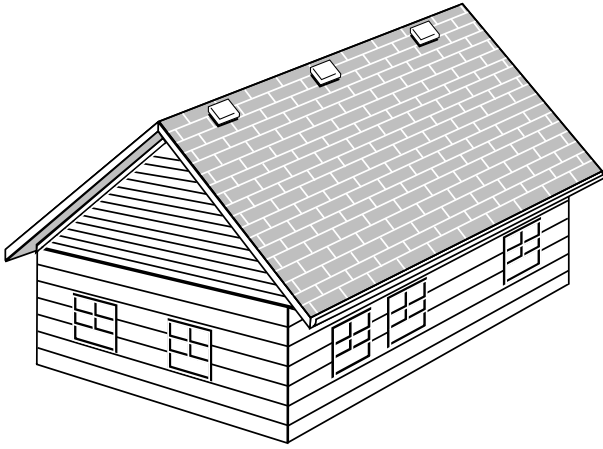
Exhaust vents must be used with intake vents to provide proper high/low balance and thus an adequate flow of air through an attic. It's also worth repeating another point made previously: for maximum efficiency, the net-free area of the exhaust vents must be equal to the net-free area of intake vents.

As with intake vents, exhaust vents are available in different designs. The two most commonly used fixed exhaust vents are:

Roof vents which are installed as close to the roof ridge as possible to allow maximum release of moisture and overheated air. Because they're installed near the ridge, they provide a continuous air flow along most of the underside of the roof sheathing. The air flow pattern isn't uniform,

however, so for maximum effectiveness, vents should be spaced equally along the roof.

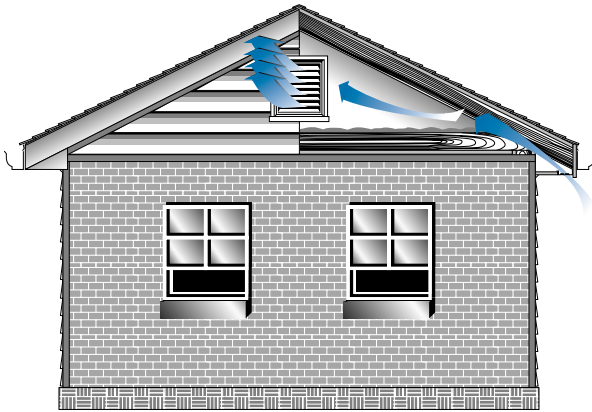
Figure 14



A roof vent is an exhaust vent located near the ridge.

Louvers which are typically installed in gables. Two types are available: rectangular and triangular. In most installations, a unit is placed at each gable end.

Figure 15

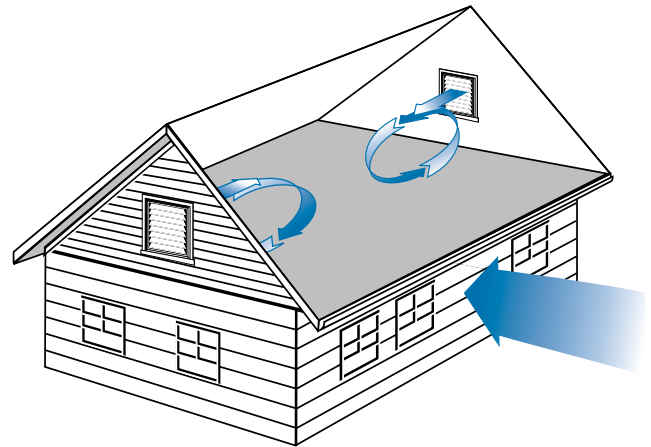


The gable-louver vent, an exhaust vent, allows unwanted air to flow out of the attic. These are located at the ends of the attic.

Note: Sometimes louvers are installed in opposite gable ends, without intake venting, in the mistaken assumption that a good “cross flow” of air can provide adequate ventilation. What typically happens, however, is illustrated in Figures 16 and 17. If wind direction is perpendicular to the ridge, the louvers act as both intake and exhaust vents, providing ventilation only in the areas near the vents. If the wind direction is parallel to the ridge, a cross flow of air is established, although the flow tends to dip toward the attic floor, leaving the hottest

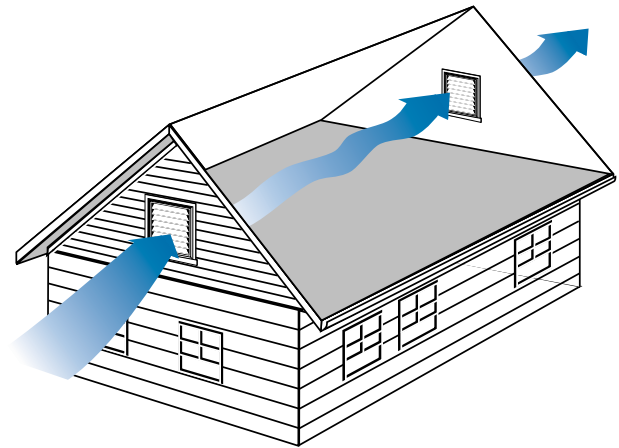
air still at the underside of the roof sheathing. Of course, if absolutely no intake venting can be installed at low points in the attic, a louver-only installation is preferable to no ventilation at all.

Figure 16



With wind blowing perpendicular to the ridge, the louvers act as both intake and exhaust vents.

Figure 17



With wind blowing parallel to the ridge, air flow dips towards the attic floor leaving the hottest air still on the underside of the roof sheathing.

Ridge vents

As mentioned above, ridge vents are a special type of fixed exhaust venting. That distinction is warranted, because ridge vents offer unique advantages when compared to other fixed venting units. Those advantages include:

- Maximum efficiency. The best ridge vents use an external baffle designed to draw heated air from an attic

regardless of wind direction or force. Figure 18 shows how that happens.

Figure 18



A baffled FilterVent creates an area of low pressure on one side of the ridge and area of high pressure on the other. It literally lifts air out of the attic.

When wind direction is perpendicular to the ridge, it strikes the external baffle and jumps over the ridge. That movement creates a Bernoulli effect, causing negative pressure to develop on both sides of the vent. When that happens, air from the attic is “lifted” out, in much the same way negative pressure created above an airplane wing gives “lift” to the plane (refer also to Fig 10).

The same thing happens when the wind direction is parallel to the ridge. It moves up and over the ridge, creating a negative pressure area.

In addition, when little wind force exists, ridge vents take full advantage of the thermal effect to maintain air circulation across the underside of the roof sheathing. Warm air rises to the ridge and exhausts through the vent. That allows a continuous flow of cooler air to enter at intake vents. Only ridge vents use thermal effect efficiently and effectively, because only ridge vents provide continuous and uniform air movement along the full length of a roof.

Note: To provide this efficient air movement, ridge venting should be balanced with equal net-free area of intake venting. For best results, intake venting should be divided equally along both sides of a structure.

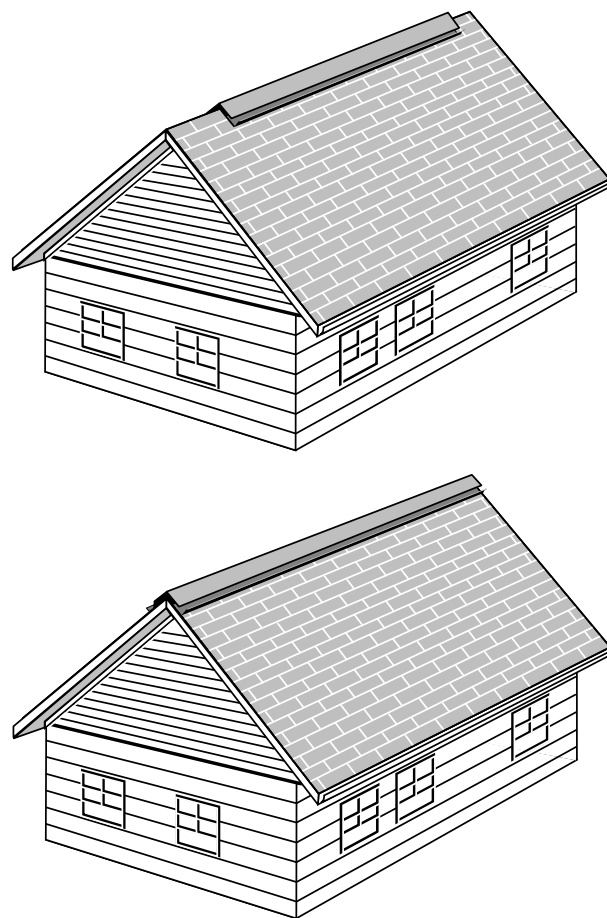
— Maximum air movement. Ridge vents with an external baffle provide a higher volume of air flow per square foot of attic area than any other fixed vent system. That conclusion is based on a series of independent tests that measured — and compared — the volume of air movement provided by ridge vents and other fixed vent systems. The test results are summarized on page 14, figure 26. Externally baffled ridge vents work better because they take

advantage of two natural forces: the thermal effect or the fact that warm air rises and negative air pressure that is created as air is deflected by the baffle up and over the ridge vent to create an area of negative pressure over the vent (see figure 10 on page 6).

— Uniform air movement. Because ridge vents run the entire length of a roof, they provide a uniform flow of air along the underside of the roof sheathing. That air movement helps eliminate “hot spots” that can develop with other types of exhaust vents — even powered vents. No other exhaust vent provides this type of air flow pattern.

— Maximum visual appeal. Most ridge vents offer a low-profile design that minimizes its appearance on a roof. Shingle-over designs allow optimum blending with other roof materials.

Figure 19



(Top) Ridge vent shorter than the ridge presents an awkward “broken” appearance.

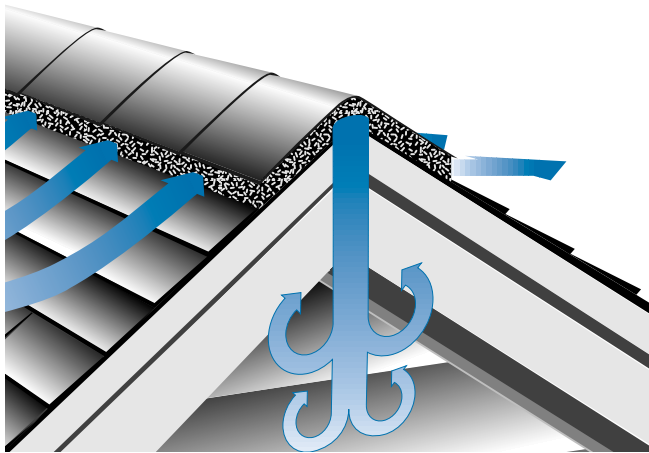
(Bottom) A ridge vent should extend all the way down the roof for a smooth “unbroken” roof line.

It’s important to emphasize that the advantages listed above apply only to ridge vents that use an external baffle design. A series of independent tests has concluded that only an external baffle can direct the wind up and over the vent.

That's significant, because it's that controlled flow of air that creates the area of negative pressure that causes air to be drawn from an attic.

Two other commonly used ridge vent designs — one employing a rolled mesh or corrugated plastic “blanket” that's placed over the ridge slot, the other using internal baffles or no baffle at all — do not provide similar performance. Recent tests at the University of Illinois confirm that conclusion. Those tests show, for example, that rolled mesh and corrugated style ridge vents were unable to create the negative pressure required to pull air from an attic — even in 15 mph winds! In fact, as winds increased, many of these vents actually pushed air into the attic. By contrast, with the same wind velocity, air flow from four-foot sections of Air Vent ShingleVent II® and Multi-Pitch FilterVent® was measured at more than 75 cubic feet per minute per four feet of vent.

Figure 20



A roll vent with an internal baffle, or without any baffle at all, does not “pull” air from the attic.

Figure 21 ShingleVent II

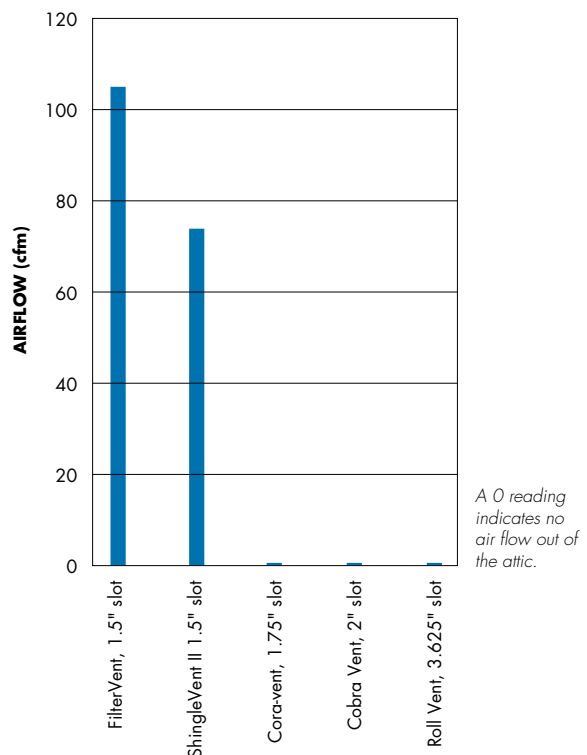


An externally baffled vent “pulls” air from the attic.

Ridge vents without an external baffle were ineffective, failing to create the negative air pressure needed to exhaust attic air. As a result, testers concluded that “an external baffle was the most significant contributor to the performance of a ridge vent.”

The chart below summarizes the study's findings.

Figure 22 Ridge Vent Airflow Comparisons — 15 mph Wind



Note: To obtain detailed reports of this study, call, write or fax Air Vent Inc. See the back cover for address and telephone numbers.

Guarding against weather and dirt infiltration

When choosing a ridge vent, look for a design that provides maximum protection against rain, snow, dust and insect infiltration.

If installed properly, standard ridge vents with an external baffle produce a steady flow of exhaust air at the ridge. Usually, that air flow protects against weather infiltration. To guard against unusual circumstances where rain and snow infiltration may be possible, advanced products such as Air Vent Multi-Pitch FilterVent and ShingleVent II include a patented weather barrier designed to trap moisture before it can enter an attic.

Air Vent also offers variations of its advanced ridge vent design for contemporary homes. For example, Air Vent's Peak FilterVent provides continuous venting at the intersection of a roof peak and vertical wall. The company's Flash FilterVent provides similar continuous venting at points where a roof meets a vertical wall.

Turbine vents

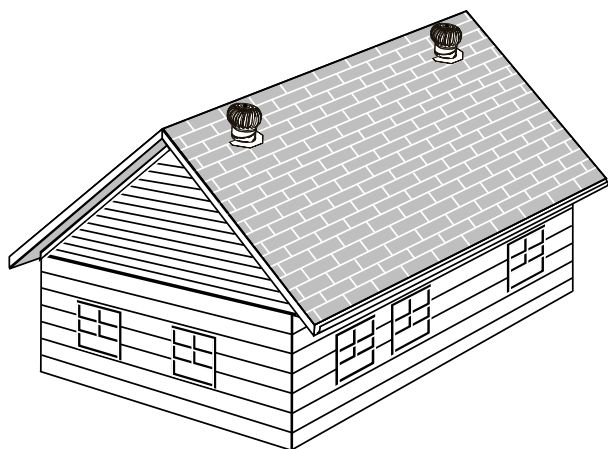
Technically, turbine vents aren't a fixed vent system because they use a moving part to help exhaust air from an attic. That moving part consists of a series of specially shaped vanes that turns wind force into a rotary motion. As the spinning vanes gain velocity, they create an area of negative air pressure. That negative pressure, in turn, pulls air from an attic.

Although not as effective as ridge vents, turbine vents provide a low-cost alternative in areas where consistent wind speeds of at least 5 mph are typical. Without that minimal wind speed, turbine vents act essentially as roof vents.

When the wind is blowing, however, turbine vents can be effective air movers.

To provide maximum ventilation benefits, turbine vents, like roof vents, must be equally spaced along a roof. Otherwise, ventilation will be focused in the area surrounding the turbine vent, allowing hot spots to develop in other areas of the attic.

Figure 23



Turbine vents are located near the ridge and are used to exhaust air from the attic.

Power fans

For the most part, a power fan is a motor-driven version of a turbine vent.

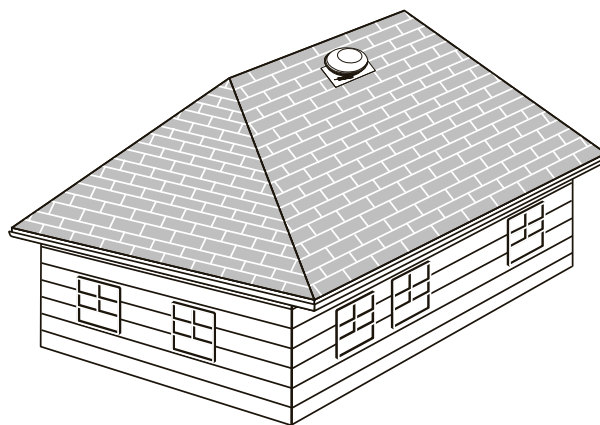
Like a turbine vent, a power fan uses the rotary motion of blades to negatively pressurize an attic, thus causing hot air to be drawn out. But instead of using wind power to drive the blades, power fans use electricity to drive high-efficiency motors.

Unlike a turbine vent, however, the effectiveness of a power fan isn't dependent on wind force. Instead, a power fan is turned on and off as needed, automatically, with thermostat and humidistat controls. (In some models, an integral humidistat control is standard; in most models, however, a humidistat is an add-on option.)

Depending on the size of the motor and the efficiency of the blade design, power fans can move more than 1,500 cubic feet of air per minute. That high volume of air movement is critical. To ensure adequate ventilation, power fans must provide at least 10 changes of attic air every hour. (Some models offer a two-speed option that allows fan speed — and air movement — to be determined by the “demand” for increased ventilation.)

Although a power fan can move a large volume of air, a single unit cannot “vacuum” all hot air from an attic. Usually, to provide uniform air movement along the underside of roof sheathing, a series of power fans must be spaced equally along a roof.

Figure 24



Power fans are used to move large volumes of air — a good option for hard-to-vent hip roofs.

When evaluating the feasibility of using power fans, it's important to evaluate one factor which is considered to be a major disadvantage: namely, that power fans cannot vent away moisture during the winter unless they are equipped with humidistat controls.

If this is a problem in your climate, it can be solved, of course. When that's done, power fans do offer key benefits. For one, they ensure a high volume of air flow, even on

days when outside air is virtually still (a common occurrence in inland areas on hot summer days).

In addition, power fans provide ventilation in some circumstances where fixed systems would prove inadequate. One common example involves hard-to-vent hipped roofs. Most fixed systems fail to meet ventilation code requirements for high vents, while power fans can provide the air needed to ventilate the attic properly.

Another example is a tile roof. A fixed system is simply not feasible, while gable-mounted power fans will do the job nicely (although they must be mounted high on the gable to exhaust air correctly).

Note: To determine the fan capacity and soffit requirements when using a power fan, see Section 3.

Section 3: Determining Ventilation Requirements

Before the mid-1970s, few people thought about establishing precise requirements for attic ventilation. Homes weren't built as air tight as they are today. If a home had any attic ventilation at all, it usually consisted of some undereave vents. In some warmer areas of the country, one or more louvers might supplement those vents (the purpose being, as already mentioned, "to catch the breeze"). In especially warm regions, an attic fan might be installed (even though there might not be sufficient intake venting to assure proper functioning).

Even if homeowners or contractors had wanted to calculate specific requirements for temperature or moisture reduction, how would they have gone about it? At the time, they had little research-based information to guide them.

The Federal Housing Administration tried to close that information gap with minimum property standards for buildings with one or two living units. Since then, other standards have been developed. An example of current minimum requirements for ventilation comes from the 1994 Uniform Building Code (ICBO). Section 1505.3 of the Code specifies:³

Where determined necessary by the building official due to atmospheric or climatic conditions, enclosed attics and enclosed rafter spaces formed where ceilings are applied directly to the underside of roof rafters shall have cross ventilation for each separate space by ventilating openings protected

against the entrance of rain and snow. The net-free ventilating area shall not be less than 1/150 of the area of the space ventilated.

EXCEPTIONS: 1. The area may be 1/300 of the area of the space ventilated provided 50 percent of the required ventilation area is provided by ventilators located in the upper portion of the space to be ventilated at least three feet above eave or cornice vents with the balance of the required ventilation provided by eave or cornice vents. 2. The area may be 1/300 of the space ventilated provided a vapor retarder having a transmission rate not exceeding 1 perm is installed on the warm side of the attic insulation.

Let's assume people read that recommendation and follow it exactly. Is adequate attic ventilation now assured to all who desire it?

Far from it. The intent of that recommendation, after all, is to establish minimum standards. Take, for example, the net-free area requirement established in the exception — the 1/300 ratio. That amounts to less than 1/2" of vent area for each square foot of attic floor area, barely enough to create a minimal flow of air. In addition, that standard assumes a proper balance of high and low venting. Unfortunately, it's probably safer to assume that assumption rarely holds true.

Meeting minimum code requirements

According to building codes, you need one square foot of ventilation for every 150 square feet of attic floor space. For new home construction that includes a vapor barrier, the minimum is one square foot for every 300 square feet of attic floor space, or the number is balanced between the ridge and intake vents.

To determine how many feet of NET-FREE AREA you need, use this formula:

$$\frac{\text{Sq. ft. of attic floor space}}{300^*} = \text{Sq. ft. of net-free area needed.}$$

To determine how many feet of AIR VENT RIDGE VENTS you need, use this formula:

$$1/2 \text{ net-free area} \times 144 \div 18 = \text{feet of ridge vent needed.}$$

To determine how many feet of AIR VENT CONTINUOUS SOFFIT VENTS you need, use this formula:

$$1/2 \text{ net-free area} \times 144 \div 9 = \text{feet of soffit vent needed.}$$

If your minimum ridge vent requirement is less than the full length of the roof ridge, Air Vent recommends adding the extra feet needed to run the vent from end to end for a more attractive appearance.

* This number will be 150 for homes without a vapor barrier or are not balanced.

As a result, H.S. Hinrichs, a noted ventilation expert, concluded that "The minimum-free ventilation area presently specified by F.H.A. (.48 sq. in. per sq. ft. of ceiling area) is inadequate to provide proper attic ventilation."⁴

³ Similar language can be found in the National Building Code (BOCA) and the Standard Building Code (SBCCI).

⁴ Hinrichs, H.S., "Comparative Study Of The Effectiveness Of Fixed Ventilating Louvers," p. 21. Report for HC Products Co., Princeville, Illinois.

So if you want to do more than meet minimum requirements — in other words, if you want to install an effective, year-round ventilation system — you have to turn to the work being done at leading private and university research labs. Responding to the need for greater energy conservation, these groups have taken up the challenge of determining comprehensive requirements for attic ventilation. Their findings provide an easy, five-step process for creating an effective and efficient ventilation system. That process is described below.

Calculating requirements for an efficient fixed vent system

The math involved in calculating ventilation requirements is simple. A pad and pencil are all you need.

Note: The following five-step process is used to calculate requirements for non-powered ventilation systems. If you plan to install a power fan, see calculation instructions on page 15.

1. Determine the square footage of attic area to be ventilated.

To do that, just multiply the length of the attic (in feet) by its width.

Example: For this and the following calculations, we'll assume a project involving a home has a 40' by 25' attic area.

Calculation:

$40' \times 25' = 1,000$ square feet of attic area

2. Establish a goal.

The specific rate of air flow required to both reduce summer temperatures and remove winter moisture.

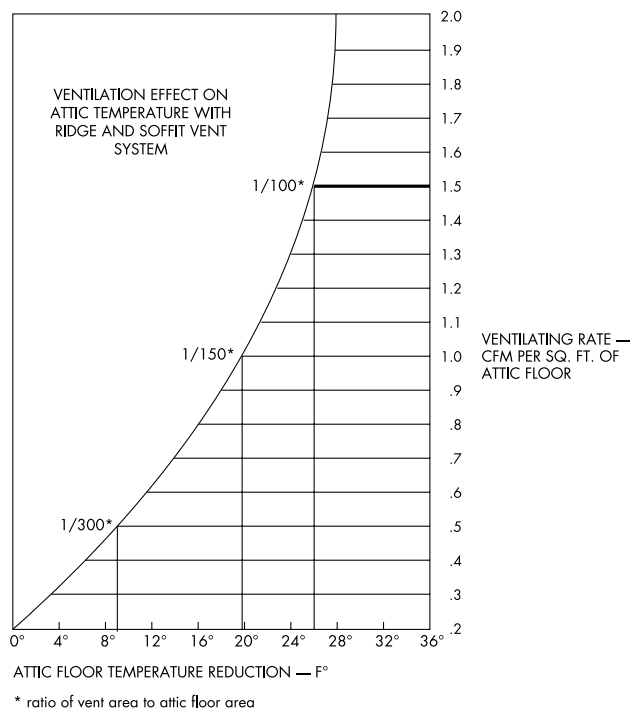
Tests conducted at the University of Illinois significantly simplify this step. Those tests established that when air flow is 1.5 cubic feet per minute per square foot (CFM/sq. ft.) of attic floor area, temperatures are reduced nearly 24°. What's even more interesting about this finding is that it's true whatever the ambient air temperature. The tests were conducted in summer conditions, with attic temperatures ranging from 85° to 110°. In every case, attic temperatures fell about 24°.

The test results are summarized in Figure 25. As you can see, some additional cooling occurs as the rate of air flow reaches 2 CFM/sq. ft. According to the study, however, since those gains are marginal, efforts to establish an air flow rate of 2 CFM/sq. ft. would not be cost effective.

Example: We decide that for our purposes, the suggested air flow rate of 1.5 CFM/sq. ft. should be adequate.

Note: Separate studies have been conducted to establish the air flow required to remove water vapor from an attic. In general, the air flow required to remove moisture is less than that required to reduce temperature. So, as a practical matter, if you establish effective air flow for summer conditions, you'll also provide sufficient air movement to remove the buildup of humidity in winter.

Figure 25



To compare the ability of different vent systems to produce the recommended 1.5 CFM/sq. ft. air flow, see the comparison in Figures 26 and 27.

Figure 26 Vent Area Required to achieve 1.5 CFM* per sq. ft. attic area

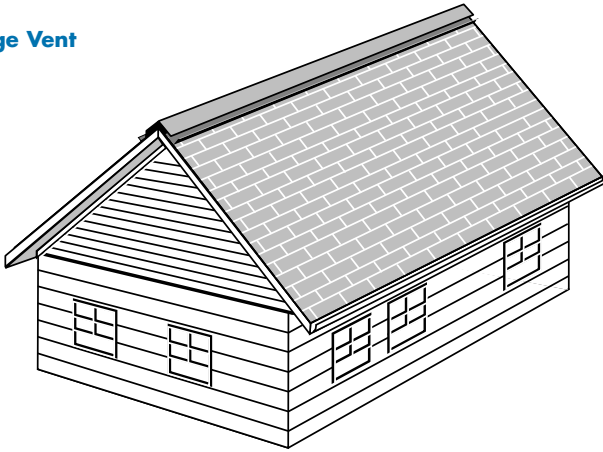
VENT SYSTEM	SUMMER
Roof Vents and Soffit Vents	3.1 sq. in./sq. ft.
Gable Vents and Soffit Vents	2.7 sq. in./sq. ft.
Ridge FilterVent® and Soffit Vents	1.5 sq. in./sq. ft.**

* cubic feet per minute

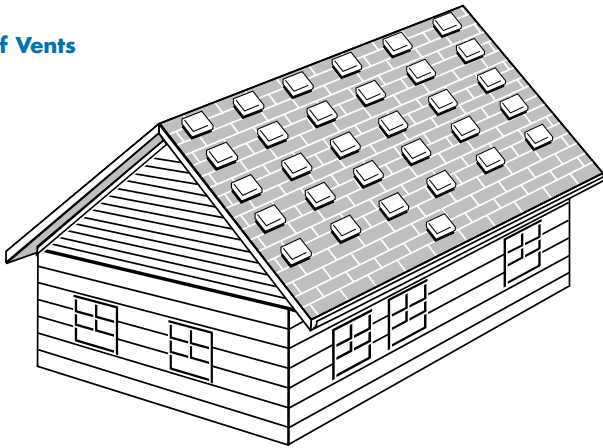
** this is the ratio of net free area to square feet of attic floor area

Figure 27

Ridge Vent



Roof Vents



Thirty-one roof vents are required to equal the exhaust venting of one ridge vent.

3. Determine the total net-free area required to establish the desired air flow.

To calculate the total net-free area required (in square inches), multiply the square footage of the attic by the appropriate net-free area figure from Figure 26. Example: Because we want the most efficient and cost-effective system, we choose a ridge vent and undereave vent system. (The net-free area specifications for undereave vents are the same as those for soffit vents.)

Calculation:
 $1,000 \text{ sq. ft.} \times 1.5 \text{ sq. in./sq. ft.} = 1,500 \text{ square inches of total net-free area required}$

4. Determine the amount of intake and exhaust (low and high) net-free area required.

This is a simple calculation: just divide the answer from Step 3 by 2.

Calculation:
 $1,500 \div 2 = 750 \text{ square inches of venting for each area}$

5. Determine the number of units of exhaust and intake venting you'll require.

To make these calculations, first refer to the Net-Free Area Table on the following page. The table lists the approximate net-free area, in square inches, for all common intake and exhaust ventilation units.

To perform the calculations, divide the net-free area requirement from Step 4 by the appropriate figure from the Net-Free Area Table⁵. For our example, we will use the figures for Multi-Pitch FilterVent and unscreened undereave vents.

Calculation:
 (for 8-foot length of ridge vent)
 $750 \text{ sq. in.} \div 144 = 5.2 \text{ pieces of vent}$
 (or five eight-foot lengths of ridge vent)

(for 16" x 8" undereave vent)
 $750 \text{ sq. in.} \div 56 = 13.4 \text{ pieces of vent}$
 (or 14 vents — 16" x 8")

Calculations for power fan installations

If you plan on installing a power fan, you can calculate intake and exhaust requirements using the following formulas:

1. Determine the fan capacity needed to provide about 10 to 15 air exchanges per hour.

The formula is:
 Attic square feet x 0.7 = CFM capacity

For example, using the same dimensions as the previous example:

Calculation:
 $1,000 \text{ sq. ft.} \times 0.7 = 700 \text{ CFM}$

⁵ You also can use the calculation table in the Appendix to determine the number of feet of ridge vent and soffit required for an installation.

Note: For roofs with an 8/12 roof pitch or higher, you may want to add 20 percent more CFM to handle the larger volume of attic space.

2. Determine the amount of intake venting required. The formula is:

CFM rating of fan ÷ 300 = square feet of intake ventilation needed.

Calculation:

$$700 \div 300 = 2.3 \text{ square feet}$$

To turn that figure into square inches (the common method of specifying net-free area), multiply by 144 (the square inches in a square foot).

Calculation:

$$2.3 \times 144 = 331 \text{ square inches of net-free intake area}$$

To find the number of intake vents required, use the Net-Free Area Table as explained in Step 5 on page 15.

Net-Free Area Table

Type of Vent	Net-Free Attic Vent Area (sq. in. — approximate) [†]
High Vents - Exhaust	
FilterVent (8' length)	144
ShingleVent II (4' length)	72
Roof vent	50
Turbine vent (12")	112
Rectangular gable vents	
12" x 12"	56
12" x 18"	82
14" x 24"	145
18" x 24"	150
24" x 30"	324
Low Vents - Intake	
16" x 8"	56
16" x 6"	42
16" x 4"	28
Strip vent & drip edge vent	
8' length	72
Perforated aluminum soffit	
One square foot	14
Lanced aluminum soffit	
One square foot	4.7

[†]Be sure to check specifications for individual products to determine actual net-free vent area.

Appendix: Ridge vent/soffit vent calculator for standard gable attic

This is for minimum code requirements using 1:300 ratio. To use this calculator, first find the total square footage of the attic floor area. (Round your calculations up to the next highest number.)

Then look across to the number under the minimum length of Ridge column. That tells you the total linear feet of ridge vent required.

To balance your ridge vent system, find the length of the ridge and follow the column to the right for required soffit or undereave vents.

Ventilation Requirements

Attic Square Footage	Minimum Length of Ridge
1200	16
1500	20
1800	24
2100	28
2400	32
2600	36
3000	40
3300	44

Note: Calculations are based on ShingleVent II and Multi-Pitch FilterVent which provide 18" of net-free area per linear foot.

Balancing Your Ridge Vent System

Length of Ridge	Pieces of 8' Continuous Soffit Vent Needed	Number of Undereave Vents		
		8x16	6x16	4x16
15'	4	6	8	12
20'	5	8	10	14
30'	8	10	14	2
40'	10	14	18	26
50'	13	16	22	32
60'	16	20	26	40
70'	18	22	30	46
80'	20	26	36	52
90'	24	30	40	58

Note: FHA requirements and most building codes state the minimum required net-free area. This minimum ventilation area may not be enough to effectively ventilate the attic to prevent moisture damage and cool the attic enough in the winter to prevent ice dams.

A note on code compliance:

When installed properly, all AirVent products mentioned in this publication comply with the net free area requirements of nationally recognized model codes, including those written by BOCA, SBCCI, ICBO. In addition, we have product evaluation approvals from Dade County, Florida (94-1221.03 and 94-1221.04), BOCA (90-56) and SBCCI (9528).

PROVEN PERFORMANCE THROUGH RESEARCH.

Air Vent Inc., is dedicated to improving the performance of ridge ventilation products through research, product development and testing. We are also dedicated to sharing this information with the marketplace to help building professionals improve their knowledge and understanding of how to specify and install a ventilation system. Test results prove that our ongoing commitment has resulted in enhanced performance. As we look to the future, we will continue our efforts toward the advancement of ventilation technology.

For more information about ShingleVent II, Multi-Pitch FilterVent, Specialty FilterVents and other Air Vent products, please call 1-800-AIR-VENT (247-8368) or visit our website at www.airvent.com.



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