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### strengthening a floor (/breaktime/construction-techniques/strengthening-floor)

<u>rlm7810 (/members/rlm7810)</u> on Wed, 08/03/2011 - 18:16 in

<u>(/members</u> /rlm7810)

I have a 17x19 family room that has I beams that are 2 foot on center. The floor is bouncy and I'm wanting to take out the bounce without totally tearing up the floor and installing additional I beams. I thought about adding an additional sub floor with the stronger/stiffer wood and offset laying them as compared to the current floor. And screw it in vs. nails. Would this technique work?

My work area underneath is not the best as below the floor it goes into a crawl space which is kind of tight.

Are there any other options?

## Reply

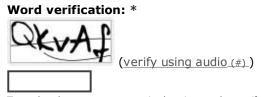
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Comment: *	
Here's the vibration thread that someone mentioned:	
http://forums.finehomebuilding.com/breaktime/general-discussion/floor-vibration	
As he also mentioned, more details would help.	

Attach files to this comment	
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